



Examine Clothing and Gear

Check folds of jackets, pants, shoes as well as backpacks and other gear for hidden ticks.



Check **Body and Pets**

Use the diagram to the left to identify where ticks commonly might be hiding.



Carefully **Remove Ticks**



to skin as possible.



Pull straight up in a steady, even motion.



Treat site with soap, water, and alchohol.



If you notice a rash or flu-like symptons, contact your doctor immediately.